

Palisades vs Saucon Valley vs Bangor - 3/29/2016**Palisades High School****Results****Girls 100 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
Finals					
1 Ramsden, Mary	Palisades		12.50	1	
2 Jones, Paige	Saucon Valley		13.20	2	
3 Cooper, Lily	Palisades		13.40	1	
4 Strohe, Tatum	Bangor		14.00	1	
5 Will, Kylee	Bangor		14.10	2	
6 Cameron, Anna	Bangor		14.12	1	
7 Savant, Sarah	Saucon Valley		14.21	1	
8 Regalis, Brianna	Saucon Valley		14.24	1	
9 McNichol, Morgan	Palisades		14.50	2	
10 Bubori, Savannah	Saucon Valley		14.90	1	
11 Guerrieri, Madison	Saucon Valley		15.00	2	
12 Danahoe, Shawna	Bangor		15.10	2	
13 Menecola, Alayna	Bangor		15.20	1	
14 Dickey, Mackenzie	Saucon Valley		15.60	2	
15 Kramer, Julia	Saucon Valley		16.90	2	

Girls 200 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Ramsden, Mary	Palisades		27.70	1	
2 Jones, Paige	Saucon Valley		28.90	1	
3 Cooper, Lily	Palisades		29.20	1	
4 Panek, Rachel	Saucon Valley		29.60	2	
5 O'Brian, Amelia	Bangor		30.40	1	
6 Cameron, Anna	Bangor		30.90	1	
7 Strohe, Tatum	Bangor		31.00	1	
8 Regalis, Brianna	Saucon Valley		31.30	2	
9 McNichol, Morgan	Palisades		31.70	2	
10 Savant, Sarah	Saucon Valley		32.70	2	
11 Danahoe, Shawna	Bangor		32.90	2	
12 Bubori, Savannah	Saucon Valley		33.90	1	
-- Kramer, Julia	Saucon Valley		NT	1	

Girls 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Trimble, Elizabeth	Saucon Valley		1:03.00	1	
2 Ross, Katherine	Saucon Valley		1:04.00	1	
3 Bottelier, Lydia	Palisades		1:05.00	1	
4 Yeah1, Brittany	Saucon Valley		1:06.00	2	
5 O'Brian, Amelia	Bangor		1:11.00	1	
6 Curtin, Dorothy	Palisades		1:13.00	1	
7 Jones, Danielle	Bangor		1:15.00	1	
8 Godshalk, Maeve	Bangor		1:27.00	1	
-- Labar, Emily	Bangor		DQ	2	

Palisades vs Saucon Valley vs Bangor - 3/29/2016**Palisades High School****Results****Girls 800 Meter Run**

Name	Year School	Seed	Finals	H#	Points
1 Ross, Katherine	Saucon Valley		2:33.00	1	
2 Doman, Sophie	Palisades		2:38.00	1	
3 Benner, Megan	Palisades		2:44.00	2	
4 McCabe, Rebecca	Saucon Valley		2:45.00	1	
5 Madigan, Caroline	Saucon Valley		2:50.00	1	
6 Pason, McKenna	Palisades		2:57.00	2	
7 Oschman, Anna	Palisades		2:58.00	2	
8 Haycock, Braie	Bangor		2:59.00	3	
9 Madden, Molly	Bangor		3:06.00	2	
10 Nakajima, Wakana	Saucon Valley		3:09.00	3	
11 Frankenfield, Hannah	Bangor		3:10.00	1	
12 Lindsay, Maura	Bangor		3:13.00	1	
13 Ciesielka, Hanna	Saucon Valley		3:15.00	2	
14 Widrick, Courtney	Bangor		3:24.00	3	
15 Gardiner, Olivia	Saucon Valley		3:25.00	3	
-- Killcoyne, Julia	Palisades		DQ	2	
-- Curtin, Dorothy	Palisades		DQ	2	
-- Hartzell, Kaylee	Bangor		DQ	1	
-- Jones, Danielle	Bangor		DQ	1	

Girls 1600 Meter Run

Name	Year School	Seed	Finals	Points
1 Doman, Sophie	Palisades		5:51.00	
2 Colletti, Rachel	Palisades		6:09.00	
3 McCabe, Rebecca	Saucon Valley		6:13.00	
4 Chaikowsky, Alexa	Saucon Valley		6:22.00	
5 Sell, Martina	Bangor		6:30.00	
6 Oschman, Anna	Palisades		6:38.00	
7 Seipp, Elizabeth	Saucon Valley		6:40.00	
8 Pason, McKenna	Palisades		6:42.00	
9 Jensen, Faith	Bangor		6:48.00	
10 Bethman, Christina	Palisades		6:54.00	
11 Nakajima, Wakana	Saucon Valley		6:58.00	
12 Ciesielka, Madeleine	Saucon Valley		7:02.00	
13 Miller, Jolene	Bangor		7:05.00	
14 Hartzell, Kaylee	Bangor		7:06.00	
-- Ciesielka, Hanna	Saucon Valley		NT	
-- Bonnville, Kelly	Palisades		NT	
-- Riefenstahl, Brooke	Saucon Valley		NT	
-- Hill, Makenna	Saucon Valley		NT	
-- Riefenstahl, Kiele	Saucon Valley		NT	

Girls 3200 Meter Run

Name	Year School	Seed	Finals	Points
1 Chaikowsky, Alexa	Saucon Valley		13:31.10	
2 Sell, Martina	Bangor		13:50.90	
3 Hill, Makenna	Saucon Valley		14:25.10	
4 Johnson, Briana	Palisades		14:39.90	
5 Dolbier, Sarah	Palisades		14:40.20	

Palisades vs Saucon Valley vs Bangor - 3/29/2016**Palisades High School****Results****....Girls 3200 Meter Run**

6 Nakajima, Wakana	Saucon Valley	15:27.20
7 Hooper, Casey	Palisades	15:49.10
-- Jensen, Faith	Bangor	DQ
-- Seipp, Elizabeth	Saucon Valley	DQ
-- Miller, Jolene	Bangor	DQ
-- Hartzell, Kaylee	Bangor	DQ
-- Doman, Sophie	Palisades	DQ
-- Ciesielka, Madeleine	Saucon Valley	DQ
-- Riefenstahl, Kiele	Saucon Valley	DQ
-- Riefenstahl, Brooke	Saucon Valley	DQ

Girls 100 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Gallagher, Rachel	Saucon Valley		16.50	2	
2 Parks, Alexa	Palisades		17.20	1	
3 Evans, Jessica	Saucon Valley		17.70	2	
4 Burbori, Makayla	Saucon Valley		19.40	1	
4 Ippolitto, Elyse	Bangor		19.40	1	
6 Simineri, Carmella	Bangor		19.70	2	
7 Ott, Montana	Bangor		20.70	1	
8 Medei, Isabella	Saucon Valley		21.30	1	
9 Renaldi, Crystal	Bangor		22.00	2	
10 Barthalemew, Gillian	Bangor		23.00	1	
11 Kulota, Anna	Palisades		23.60	2	
-- Mondschein, Madelyn	Saucon Valley		NT	1	
-- Panek, Rachel	Saucon Valley		DQ	2	
-- Mitchell, Elora	Palisades		DQ	1	

Girls 300 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Panek, Rachel	Saucon Valley		52.70	1	
2 Parks, Alexa	Palisades		53.50	1	
3 Collier, Victoria	Bangor		57.00	1	
4 Ott, Montana	Bangor		57.10	2	
5 Ippolitto, Elyse	Bangor		57.20	1	
6 Evans, Jessica	Saucon Valley		57.70	2	
-- Gallagher, Rachel	Saucon Valley		NT	2	
-- Gatchel, Kelsey	Saucon Valley		NT	2	
-- Simineri, Carmella	Bangor		NT	2	
-- Kulota, Anna	Palisades		NT	2	
-- Barthalemew, Gillian	Bangor		NT	2	
-- Renaldi, Crystal	Bangor		NT	2	
-- Mondschein, Madelyn	Saucon Valley		DQ	1	
-- Burbori, Makayla	Saucon Valley		DQ	1	
-- Mitchell, Elora	Palisades		DQ	1	
-- Medei, Isabella	Saucon Valley		DQ	1	

Palisades vs Saucon Valley vs Bangor - 3/29/2016

Palisades High School

Results

Girls 4x100 Meter Relay

School	Seed	Finals	Points
1 Palisades 'A'		54.02	
1) Cooper, Lily	2) Bottelier, Lydia		
3) Curtin, Dorothy	4) Ramsden, Mary		
2 Bangor 'A'		56.20	
1) Cameron, Anna	2) Will, Kylee		
3) King, Danielle	4) Strohe, Tatum		
3 Saucon Valley 'A'		58.30	
1) Kramer, Julia	2) Evans, Jessica		
3) Regalis, Brianna	4) Savant, Sarah		

Girls 4x400 Meter Relay

School	Seed	Finals	Points
1 Palisades 'A'		4:34.00	
1) Curtin, Dorothy	2) Colletti, Rachel		
3) Cooper, Lily	4) Benner, Megan		
2 Saucon Valley 'A'		4:42.40	
1) Trimble, Elizabeth	2) Ross, Katherine		
3) Yeahl, Brittany	4) Jones, Paige		
3 Bangor 'A'		4:45.40	
1) Collier, Victoria	2) O'Brian, Amelia		
3) Ippolitto, Elyse	4) Haycock, Braie		

Girls 4x800 Meter Relay

School	Seed	Finals	Points
1 Palisades 'A'		10:58.60	
1) Benner, Megan	2) Colletti, Rachel		
3) Doman, Sophie	4) Bottelier, Lydia		
2 Saucon Valley 'A'		11:10.90	
1) Chaikowsky, Alexa	2) Ross, Katherine		
3) Hill, Makenna	4) Madigan, Caroline		
3 Bangor 'A'		12:22.00	
1) Madden, Molly	2) Haycock, Braie		
3) Sell, Martina	4) Jensen, Faith		

Girls High Jump

Name	Year School	Seed	Finals	Points
1 Parks, Alexa	Palisades		5-06.00	
2 Bottelier, Lydia	Palisades		4-10.00	
2 Benner, Megan	Palisades		4-10.00	
4 Swanson, Viktoria	Bangor		4-06.00	
4 Panek, Rachel	Saucon Valley		4-06.00	
4 Cavallaro, Kaitlyn	Palisades		4-06.00	
7 Burd, Amanda	Bangor		4-00.00	
7 Sinko, Jennifer	Saucon Valley		4-00.00	
-- Borovies, Amanda	Saucon Valley		DQ	
-- Wilgus, Tiffany	Bangor		DQ	
-- Battaglia, Julie	Bangor		DQ	

Palisades vs Saucon Valley vs Bangor - 3/29/2016**Palisades High School****Results****....Girls High Jump**

-- Cruz, Madison	Bangor	DQ
-- Labar, Emily	Bangor	DQ
-- Bubori, Savannah	Saucon Valley	DQ
-- Butera, Mackenzie	Saucon Valley	DQ
-- Godshalk, Maeve	Bangor	DQ

Girls Pole Vault

Name	Year School	Seed	Finals	Points
1 Frankenfield, Hannah	Bangor		8-00.00	
1 Rose, Joslynn	Saucon Valley		8-00.00	
3 Viall, Haley	Palisades		7-00.00	
4 Cameron, Anna	Bangor	6-06.00	6-06.00	
4 Will, Kylee	Bangor	7-00.00	6-06.00	
-- Vinson, Talia	Saucon Valley		NH	
-- Caruth, Carly	Bangor		DQ	
-- Badman, Stacy	Palisades		DQ	
-- Labar, Emily	Bangor		DQ	
-- Mann, Kayle	Saucon Valley		DQ	

Girls Long Jump

Name	Year School	Seed	Finals	Points
1 Ramsden, Mary	Palisades		15-02.50	
2 Rose, Joslynn	Saucon Valley		14-10.00	
3 O'Brian, Amelia	Bangor	14-11.25	14-04.50	
4 Viall, Haley	Palisades		14-02.75	
5 Jones, Paige	Saucon Valley		14-00.50	
6 Menecola, Alayna	Bangor	14-04.25	13-10.75	
7 Borovies, Amanda	Saucon Valley		13-07.25	
8 Labar, Emily	Bangor		13-06.00	
9 Colletti, Rachel	Palisades		12-11.50	
10 Terrette, Paige	Bangor		12-09.50	
11 Badman, Stacy	Palisades		12-09.00	
12 Cruz, Madison	Bangor		12-07.00	
-- Wilgus, Tiffany	Bangor		ND	
-- Mitchell, Elora	Palisades		ND	
-- Swanson, Viktoria	Bangor		ND	
-- Trimble, Elizabeth	Saucon Valley		ND	
-- Butera, Mackenzie	Saucon Valley		ND	
-- Bubori, Savannah	Saucon Valley		ND	

Girls Triple Jump

Name	Year School	Seed	Finals	Points
1 Parks, Alexa	Palisades		33-03.50	
2 Rose, Joslynn	Saucon Valley		31-11.75	
3 O'Brian, Amelia	Bangor	29-00.50	31-04.00	
4 Viall, Haley	Palisades		30-03.50	
5 Borovies, Amanda	Saucon Valley		29-07.25	
6 Godshalk, Maeve	Bangor		28-07.25	
7 Cavallaro, Kaitlyn	Palisades		28-05.50	

Palisades vs Saucon Valley vs Bangor - 3/29/2016**Palisades High School****Results****....Girls Triple Jump**

8	Trimble, Elizabeth	Saucon Valley		27-06.25
9	Swanson, Viktoria	Bangor		27-00.75
10	Badman, Stacy	Palisades		26-04.75
11	Cruz, Madison	Bangor		25-01.25
--	Bubori, Savannah	Saucon Valley		DQ
--	Zeeman, Gabby	Bangor		DQ
--	Sinko, Jennifer	Saucon Valley		DQ
--	Mitchell, Elora	Palisades		DQ

Girls Shot Put

Name	Year	School	Seed	Finals	Points
1	Carr, Autumn	Palisades		32-01.50	
2	Warnke, Katelyn	Saucon Valley		29-03.00	
3	Ott, Cheyenne	Bangor	21-06.00	27-06.00	
4	Kukowski, Peri	Palisades		27-00.50	
5	Kerr, Lauren	Palisades		26-07.00	
6	Danko, Emily	Palisades		25-01.00	
7	King, Danielle	Bangor		24-00.00	
8	Nastasi, Alyssa	Palisades		23-02.00	
9	Barthalemew, Gillian	Bangor	23-09.50	22-05.50	
10	Learn, Emily	Bangor		20-10.50	
11	Gallard, Crystal	Saucon Valley		20-08.50	
12	Ozoria, Karen	Bangor		19-09.50	
13	Hoff, Jenna	Saucon Valley		19-06.50	
--	Meehan, Samantha	Bangor	24-03.50	ND	

Girls Discus Throw

Name	Year	School	Seed	Finals	Points
1	King, Danielle	Bangor	93-04	88-00	
2	Warnke, Katelyn	Saucon Valley		86-02	
3	Brader, Madison	Palisades		75-11	
4	Kukowski, Peri	Palisades		71-04	
5	O'Brien, Grace	Palisades		70-03	
6	Kerr, Lauren	Palisades		64-01	
7	Ott, Cheyenne	Bangor	75-03	63-00	
8	Hoffman, Maggie	Bangor		58-01	
9	Learn, Emily	Bangor		55-04	
10	Rufe, Taylor	Palisades		50-02	
11	Battaglia, Julie	Bangor		49-11	
12	Gallard, Crystal	Saucon Valley		46-09	
13	Hoff, Jenna	Saucon Valley		37-04	
--	Ozoria, Karen	Bangor		DQ	
--	Chi, Ashley	Saucon Valley		DQ	
--	Gardiner, Olivia	Saucon Valley		DQ	
--	Barthalemew, Gillian	Bangor	70-07.50	DQ	

Girls Javelin Throw

Name	Year	School	Seed	Finals	Points
1	Brader, Madison	Palisades		125-08	

Palisades vs Saucon Valley vs Bangor - 3/29/2016**Palisades High School****Results****....Girls Javelin Throw**

2	Cavallaro, Kaitlyn	Palisades		113-06
3	King, Danielle	Bangor	92-03	90-11
4	Pason, McKenna	Palisades		77-11
5	Terrette, Paige	Bangor		76-07
6	Carr, Autumn	Palisades		74-02
7	Ott, Cheyenne	Bangor	70-00	73-00
8	Hoffman, Maggie	Bangor		67-01
9	Kerr, Lauren	Palisades		63-00
10	Burd, Amanda	Bangor	81-01	62-06
11	Chi, Ashley	Saucon Valley		56-00
--	Hagan, Natalie	Saucon Valley		ND

Boys 100 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1	Creighton, Michael	Palisades		11.00	1	
2	Culver, Evan	Saucon Valley		11.10	3	
3	Naiburg, Joseph	Saucon Valley		11.30	2	
4	Colletti, Jared	Palisades		11.70	1	
5	Vass, Saivaughn	Bangor		12.00	1	
6	Hoyt, Eli	Bangor		12.10	2	
7	Danko, Jake	Palisades		12.20	2	
8	Myers, Paul	Saucon Valley		12.30	1	
9	Holub, Ryan	Saucon Valley		12.50	1	
9	Hitchon, Sam	Palisades		12.50	2	
9	Smith, Jacob	Bangor		12.50	3	
12	Richardson, Nasir	Bangor		12.60	1	
13	Fries, Jacob	Bangor		12.70	1	
14	Gallard, Kelvin	Saucon Valley		12.90	2	
15	Boder, Jamie	Saucon Valley		13.10	2	
16	Beers, Ryen	Bangor		13.50	2	
--	Miller, Ethan	Palisades		DQ	3	
--	Thatcher, Zachary	Saucon Valley		DQ	1	

Boys 200 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1	Creighton, Michael	Palisades		23.00	1	
2	Colletti, Jared	Palisades		23.40	1	
3	Barnhart, Matthew	Palisades		24.30	1	
4	Naiburg, Joseph	Saucon Valley		24.40	1	
5	Fries, Jacob	Bangor		24.80	2	
6	Vass, Saivaughn	Bangor		25.20	1	
7	Hitchon, Sam	Palisades		25.30	2	
8	Richardson, Nasir	Bangor		25.70	1	
9	Myers, Paul	Saucon Valley		25.80	2	
10	Miller, Ethan	Palisades		26.10	2	
11	Beers, Ryen	Bangor		27.50	2	
12	Gallard, Kelvin	Saucon Valley		28.60	1	
13	Smith, Jacob	Bangor		29.20	2	
--	Freed, Sean	Saucon Valley		DQ	2	
--	Holub, Ryan	Saucon Valley		DQ	2	
--	Thatcher, Zachary	Saucon Valley		DQ	1	

Palisades vs Saucon Valley vs Bangor - 3/29/2016**Palisades High School****Results****Boys 400 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
1 Lodwig, Patrick	Palisades		54.80	1	
2 Orrechio, Chase	Palisades		54.90	1	
3 Fries, Jacob	Bangor		56.20	1	
4 Ferguson, Tim	Bangor		57.50	2	
5 Barrett, Grant	Palisades		59.80	2	
6 Brown, Hunter	Palisades		1:00.00	2	
7 Freed, Sean	Saucon Valley		1:01.00	1	
8 Buccigrossi, Dylan	Palisades		1:02.00	2	
9 Siegfried, Christian	Bangor		1:06.00	2	
-- Lansberry, Kaleb	Palisades		DQ	1	
-- Thatcher, Zachary	Saucon Valley		DQ	1	
-- Smith, Jacob	Bangor		DQ	1	

Boys 800 Meter Run

Name	Year School	Seed	Finals	H#	Points
1 Kyra, Jarred	Saucon Valley		2:13.00	2	
2 Ferguson, Tim	Bangor		2:15.00	1	
3 Orrechio, Chase	Palisades		2:17.00	1	
4 Noonan, Terrance	Palisades		2:17.50	3	
5 Ippolito, Evan	Bangor		2:18.00	2	
6 Ward, Samuel	Saucon Valley		2:27.00	3	
7 Buccigrossi, Dylan	Palisades		2:27.40	1	
8 Singleton, Saber	Bangor		2:32.00	2	
9 Catino, Jacob	Bangor		2:35.00	1	
10 Fong, Chase	Saucon Valley		2:38.00	3	
10 Lansberry, Kaleb	Palisades		2:38.00	1	
12 Gembarski, Brian	Bangor		2:40.00	1	
13 Brown, Hunter	Palisades		2:41.00	2	
14 Webb, David	Palisades		2:42.00	2	
15 Barrett, Grant	Palisades		2:43.00	1	
15 Ferguson, Dan	Bangor		2:43.00	3	
17 Siegfried, Christian	Bangor		2:47.00	1	
-- Thatcher, Zachary	Saucon Valley		DQ	2	
-- Schwartz, Alex	Bangor		DQ	3	

Boys 1600 Meter Run

Name	Year School	Seed	Finals	H#	Points
1 McNichol, Dylan	Palisades		4:57.00	1	
2 Kyra, Jarred	Saucon Valley		5:02.00	1	
3 Smith, Jeremy	Saucon Valley		5:03.00	1	
4 Kish, Hunter	Bangor		5:13.00	1	
5 Giani, Chris	Bangor		5:14.00	1	
6 Singleton, Saber	Bangor		5:22.00	1	
7 Leister, Jacob	Palisades		5:25.00	1	
8 Boyd, Zach	Palisades		5:31.00	1	
9 Webb, David	Palisades		5:41.00	1	
10 Holland, Jacob	Saucon Valley		5:46.00	1	
11 Catino, Jacob	Bangor		5:52.00	1	
12 Packer, Landon	Saucon Valley		5:55.00	1	

Palisades vs Saucon Valley vs Bangor - 3/29/2016**Palisades High School****Results****....Boys 1600 Meter Run**

13	Brucker, Joshua	Saucon Valley	5:56.00	1
14	Fong, Chase	Saucon Valley	5:57.00	1
15	Ferguson, Dan	Bangor	5:58.00	1
16	Szydow, Ben	Saucon Valley	6:08.00	2
--	O'Brien, Morgan	Bangor	DQ	1
--	Dolphin, Beck	Saucon Valley	DQ	1

Boys 3200 Meter Run

Name	Year	School	Seed	Finals	H#	Points
1	Bernstein, Ethan	Saucon Valley		10:52.00	1	
2	McNichol, Dylan	Palisades		10:53.00	1	
3	Kish, Hunter	Bangor		11:02.00	1	
4	Capps, Carter	Palisades		11:06.00	1	
5	Giani, Chris	Bangor		11:30.00	1	
6	Bauer, Austin	Bangor		11:37.00	2	
7	Boyd, Zach	Palisades		12:21.00	1	
8	Derr-Haverlach, Michael	Palisades		12:22.00	1	
9	Speicher, Grayson	Palisades		12:25.00	1	
10	Brucker, Joshua	Saucon Valley		13:08.00	1	
11	Packer, Landon	Saucon Valley		13:31.00	1	
12	Holland, Jacob	Saucon Valley		13:34.00	1	
13	Szydow, Ben	Saucon Valley		13:38.00	2	
--	Dolphin, Beck	Saucon Valley		DQ	1	
--	O'Brien, Morgan	Bangor		DQ	1	
--	Fong, Chase	Saucon Valley		DQ	1	
--	Kyra, Jarred	Saucon Valley		DQ	1	
--	Smith, Jeremy	Saucon Valley		DQ	1	

Boys 110 Meter Hurdles

Name	Year	School	Seed	Finals	H#	Points
1	Naiburg, Joseph	Saucon Valley		16.30	1	
2	Holub, Brandon	Saucon Valley		17.00	1	
3	Greene, Robert	Bangor		17.90	2	
4	Porter, Jacob	Palisades		18.20	1	
5	Story, John	Saucon Valley		21.00	1	
6	Lerch, Benjamin	Palisades		22.40	2	
--	Lerch, Jonathan	Palisades		DQ	1	
--	Chidsey, Connor	Bangor		DQ	2	
--	Kane, Brad	Bangor		DQ	1	
--	Petrie, Shamar	Bangor		DQ	1	
--	Wilkens, Alex	Bangor		DQ	1	

Boys 300 Meter Hurdles

Name	Year	School	Seed	Finals	H#	Points
1	Holub, Brandon	Saucon Valley		43.60	1	
2	Greene, Robert	Bangor		44.50	1	
3	Brown, Will	Palisades		45.30	1	
4	Story, John	Saucon Valley		49.70	1	
5	Kane, Brad	Bangor		49.90	1	

Palisades vs Saucon Valley vs Bangor - 3/29/2016**Palisades High School****Results****....Boys 300 Meter Hurdles**

6 Porter, Jacob	Palisades	50.20	1
7 Wilkens, Alex	Bangor	53.20	1
8 Lerch, Benjamin	Palisades	57.30	1
-- Petrie, Shamar	Bangor	NT	2
-- Chidsey, Connor	Bangor	NT	2

Boys 4x100 Meter Relay

School	Seed	Finals	Points
1 Palisades 'A'		45.30	
1) Lodwig, Patrick	2) Colletti, Jared		
3) Barnhart, Matthew	4) Creighton, Michael		
2 Bangor 'A'		46.70	
1) Hoyt, Eli	2) Bauer, Austin		
3) Ippolito, Evan	4) Vass, Saivaughn		
3 Saucon Valley 'A'		47.20	
1) Naiburg, Joseph	2) Thatcher, Zachary		
-- Saucon Valley 'B'		DQ	

Boys 4x400 Meter Relay

School	Seed	Finals	Points
1 Palisades 'A'		3:44.60	
1) Creighton, Michael	2) Colletti, Jared		
3) Orrechio, Chase	4) Lodwig, Patrick		
2 Bangor 'A'		3:52.90	
1) Ippolito, Evan	2) Ferguson, Tim		
3) Fries, Jacob	4) Greene, Robert		
3 Saucon Valley 'A'		3:53.50	
1) Thatcher, Zachary	2) Holub, Brandon		
3) Freed, Sean	4) Story, John		

Boys 4x800 Meter Relay

School	Seed	Finals	Points
1 Bangor 'A'		8:56.30	
1) Ferguson, Tim	2) Ippolito, Evan		
3) O'Brien, Morgan	4) Giani, Chris		
2 Saucon Valley 'A'		8:59.50	
1) Bernstein, Ethan	2) Kyra, Jarred		
3) Ward, Samuel	4) Smith, Jeremy		
3 Palisades 'A'		9:54.70	
1) Barrett, Grant	2) Noonan, Terrance		
3) Buccigrossi, Dylan	4) Lansberry, Kaleb		

Boys High Jump

Name	Year School	Seed	Finals	Points
1 Brown, Will	Palisades		5-10.00	
2 Rivera, Angel	Bangor		5-04.00	
3 Siley, Matthew	Palisades		5-02.00	

Palisades vs Saucon Valley vs Bangor - 3/29/2016**Palisades High School****Results****....Boys High Jump**

3 Danko, Jake	Palisades	5-02.00
-- Onjack, Matt	Bangor	DQ
-- Ahearn, Luke	Bangor	DQ
-- Kane, Brad	Bangor	DQ
-- McNulty, Collin	Bangor	DQ
-- Volak, Josh	Palisades	DQ
-- Culver, Evan	Saucon Valley	DQ
-- Pagotto, David	Bangor	DQ

Boys Pole Vault

Name	Year School	Seed	Finals	Points
1 Farese, Andy	Palisades		9-06.00	
2 McCormick, Cullen	Saucon Valley		9-00.00	
-- Gembarski, Brian	Bangor		DQ	
-- Schipps, Matt	Bangor		DQ	
-- McNulty, Collin	Bangor		DQ	
-- Toth, Doug	Bangor		DQ	
-- Young, Zach	Bangor		DQ	

Boys Long Jump

Name	Year School	Seed	Finals	Points
1 Culver, Evan	Saucon Valley		21-01.50	
2 Siley, Matthew	Palisades		19-04.50	
3 Hoyt, Eli	Bangor	17-06.00	18-00.50	
4 Bauer, Austin	Bangor		17-10.75	
5 Rivera, Angel	Bangor	16-09.25	17-08.75	
6 Brown, Will	Palisades		17-03.75	
7 Pagotto, David	Bangor		17-03.25	
8 Volak, Josh	Palisades		16-10.50	
9 Brown, Ely	Saucon Valley		16-03.00	
10 Lyon, Eric	Bangor		15-10.75	
11 Miranda, Dioniser	Saucon Valley		15-08.00	
12 Robinson, Will	Palisades		15-03.75	
13 Marczyk, Victor	Palisades		11-11.50	
-- Sareen, Akash	Bangor		DQ	
-- Richardson, Nasir	Bangor		DQ	

Boys Triple Jump

Name	Year School	Seed	Finals	Points
1 Siley, Matthew	Palisades		42-02.50	
2 Culver, Evan	Saucon Valley		41-11.75	
3 Volak, Josh	Palisades		38-03.75	
4 Bauer, Austin	Bangor		37-00.25	
5 Swope, Nick	Palisades		36-01.00	
6 Rivera, Angel	Bangor		36-00.50	
7 Tubiello, Jack	Palisades		35-10.50	
8 Hoyt, Eli	Bangor	35-01.00	35-06.50	
9 Richardson, Nasir	Bangor	33-05.00	34-09.25	
10 Brown, Ely	Saucon Valley		33-06.00	

Palisades vs Saucon Valley vs Bangor - 3/29/2016**Palisades High School****Results****....Boys Triple Jump**

11 Trippeda, Brandin	Palisades	33-02.25
12 Sareen, Akash	Bangor	30-10.25
13 Miranda, Dioniser	Saucon Valley	30-08.50
-- Maciel, Alberto	Bangor	ND
-- Pagotto, David	Bangor	ND

Boys Shot Put

Name	Year School	Seed	Finals	Points
1 Strohe, Cam	Bangor	45-05.00	45-02.00	
2 Long, Jesse	Bangor	36-05.00	39-05.50	
3 Diorio, Seth	Bangor		36-10.00	
4 Patterson-Zuber, Patrick	Saucon Valley		36-04.00	
5 Somp, David	Palisades		35-00.00	
6 Crum, Jesse	Palisades		34-01.00	
7 Britt, Walker	Palisades		33-06.00	
8 Hopper, Josh	Bangor		33-01.50	
9 Teatzner, Matthew	Palisades		32-06.50	
10 Lerch, Jonathan	Palisades		31-10.50	
11 Barker, James	Bangor		30-02.00	
12 Pinczok, Zachary	Saucon Valley		28-06.50	
13 Cline, Justin	Saucon Valley		25-10.50	
14 Morgan, Tanner	Saucon Valley		24-09.50	
15 Carey, Cole	Saucon Valley		22-07.00	
-- Holland, Colton	Bangor		ND	
-- Ziegler, Dylan	Saucon Valley		ND	

Boys Discus Throw

Name	Year School	Seed	Finals	Points
1 Strohe, Cam	Bangor	124-04	129-08	
2 Danko, Jake	Palisades		116-00	
3 Lerch, Jonathan	Palisades		102-07	
4 Donnelly, Jack	Palisades		101-11	
5 Somp, David	Palisades		95-02	
6 Lee, Dillon	Bangor	99-00	94-06	
7 Holland, Colton	Bangor		89-00	
8 Bauer, Austin	Bangor		82-11	
9 Patterson-Zuber, Patrick	Saucon Valley		82-07	
10 Morgan, Tanner	Saucon Valley		71-09	
11 Kallenbach, Kyle	Palisades		66-00	
12 Reilly, Paul	Saucon Valley		64-01	
-- Barker, James	Bangor		ND	
-- O'Dell, Gabriel	Bangor	104-05	ND	
-- Ziegler, Dylan	Saucon Valley		ND	
-- Diorio, Seth	Bangor		DQ	
-- Pinczok, Zachary	Saucon Valley		DQ	

Boys Javelin Throw

Name	Year School	Seed	Finals	Points
1 Trippeda, Brandin	Palisades		140-11	

Palisades vs Saucon Valley vs Bangor - 3/29/2016**Palisades High School****Results****....Boys Javelin Throw**

2 Vass, Saivaughn	Bangor	130-08	139-10
3 Swope, Nick	Palisades		137-08
4 Lee, Dillon	Bangor	131-04	121-08
5 Morgan, Tanner	Saucon Valley		117-10
6 Bailey, Ryan	Bangor	103-00	116-10
7 Jacobson, Justin	Bangor	118-05	115-10
8 Somp, David	Palisades		115-00
9 Geehring, Zack	Palisades		111-01
10 Lyon, Eric	Bangor		92-01
11 Pinczok, Zachary	Saucon Valley		91-06
11 Smith, RJ	Palisades		91-06
13 Patterson-Zuber, Patrick	Saucon Valley		84-06
14 Reilly, Paul	Saucon Valley		76-04
-- Ziegler, Dylon	Saucon Valley		ND