

**Palisades vs Pen Argyl - 4/7/2016****Palisades High School****Results****Girls 100 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
Finals					
1 Ramsden, Mary	Palisades	12.50	13.30	1	5
2 Cooper, Lily	Palisades	13.40	13.90	1	3
3 Curtin, Dorothy	Palisades		14.40	2	1
4 McNichol, Morgan	Palisades	14.45	14.90	1	
5 Walsh, Meghan	PA Track	14.10	15.10	1	
6 Stener, Robin	PA Track	15.90	15.40	2	
-- Male, Meghan	PA Track	14.10	DQ	1	
-- Bubba, Sophia	PA Track	16.00	DQ	2	
-- Lau, Samantha	PA Track	14.90	DQ	1	

**Girls 200 Meter Dash**

Name	Year School	Seed	Finals	Points
1 Ramsden, Mary	Palisades	27.30	27.30	5
2 Curtin, Dorothy	Palisades		30.00	3
3 Mitchell, Elora	Palisades		30.10	1
4 Walsh, Meghan	PA Track		31.30	
5 McNichol, Morgan	Palisades	30.49	31.90	
6 Lau, Samantha	PA Track	32.00	33.40	
7 Stener, Robin	PA Track	33.90	33.90	
-- Evans, Dana	PA Track	29.40	DQ	

**Girls 400 Meter Dash**

Name	Year School	Seed	Finals	Points
1 Male, Meghan	PA Track	1:06.30	1:04.50	4
1 Benner, Megan	Palisades		1:04.50	4
3 Evans, Dana	PA Track		1:05.10	1
4 Pason, McKenna	Palisades		1:09.10	
-- Bottelier, Lydia	Palisades	1:03.69	DQ	
-- O'Brien, Kelly	PA Track	1:12.67	DQ	
-- Freda, Kristen	PA Track	1:11.00	DQ	
-- Leis, Madison	PA Track	1:11.30	DQ	

**Girls 800 Meter Run**

Name	Year School	Seed	Finals	Points
1 Benner, Megan	Palisades	2:35.00	2:49.40	5
2 Freda, Kristen	PA Track	3:04.00	2:53.40	3
3 Oschman, Anna	Palisades	2:54.11	2:55.20	1
4 Johnson, Briana	Palisades		3:16.90	
5 Yang, Zeng Zeng	PA Track	3:42.30	3:38.00	
-- King, Caitlin	PA Track	3:10.00	DQ	

**Girls 1600 Meter Run**

Name	Year School	Seed	Finals	Points
1 Doman, Sophie	Palisades	5:51.00	5:45.80	5

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Results****....Girls 1600 Meter Run**

2	Warfle, Krista	PA Track	6:56.80	6:41.10	3
3	Johnson, Briana	Palisades		6:48.50	1
4	Dolbier, Sarah	Palisades		6:49.30	
5	Yang, Zeng Zeng	PA Track	8:02.00	8:10.70	
--	Hanlon, Kasey	PA Track	7:43.00		DQ

**Girls 3200 Meter Run**

Name	Year	School	Seed	Finals	Points
1	Doman, Sophie	Palisades		12:52.00	5
2	Killcoyne, Julia	Palisades		13:17.00	3
3	Colletti, Rachel	Palisades	13:00.37	13:20.00	1
4	Warfle, Krista	PA Track	14:32.30	13:34.00	
5	Dolbier, Sarah	Palisades	14:40.20	14:17.00	
--	Yang, Zeng Zeng	PA Track	18:59.00		DQ

**Girls 100 Meter Hurdles**

Name	Year	School	Seed	Finals	Points
1	Lobb, Kylee	PA Track	17.60	17.00	5
2	Parks, Alexa	Palisades	17.20	17.10	3
3	Mitchell, Elora	Palisades	17.85	18.10	1
4	Kulota, Anna	Palisades	23.60	21.50	
--	Teel, Olivia	PA Track	21.80		DQ

**Girls 300 Meter Hurdles**

Name	Year	School	Seed	Finals	Points
1	Parks, Alexa	Palisades	52.15	51.20	5
2	Cooper, Lily	Palisades	53.24	51.30	3
3	Teel, Olivia	PA Track	57.66	51.70	1
4	Kulota, Anna	Palisades		54.00	

**Girls 4x100 Meter Relay**

School	Seed	Finals	Points
1 Palisades 'A' 1) Cooper, Lily 3) Curtin, Dorothy	54.02	52.10	5
2) Mitchell, Elora 4) Ramsden, Mary			
-- Pen Argyl Track and Field 'A' 1) Lobb, Kylee 3) Ruggiero, Maggie	56.70		DQ
2) Walsh, Meghan 4) Lau, Samantha			

**Girls 4x400 Meter Relay**

School	Seed	Finals	Points
1 Palisades 'A' 1) Cooper, Lily 3) Benner, Megan	4:12.94	4:21.00	5
2) Curtin, Dorothy 4) Bottelier, Lydia			
2 Pen Argyl Track and Field 'A'	4:43.10	4:49.00	

**Palisades vs Pen Argyl - 4/7/2016****Palisades High School****Results****....Girls 4x400 Meter Relay**

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|------------------|------------------|
| 1) Evans, Dana   | 2) Male, Meghan  |
| 3) Walsh, Meghan | 4) Lau, Samantha |

**Girls 4x800 Meter Relay**

School	Seed	Finals	Points
1 Palisades 'A'	10:58.00	11:39.72	5
1) Colletti, Rachel			
2) Oschman, Anna			
3) Killcoyne, Julia			
4) Pason, McKenna			
-- Pen Argyl Track and Field 'A'	11:58.00	DQ	
1) Freda, Kristen			
2) King, Caitlin			
3) Hanlon, Kasey			
4) Warfle, Krista			

**Girls High Jump**

Name	Year School	Seed	Finals	Points
1 Bottelier, Lydia	Palisades	4-10.00	5-02.00	4
2 Parks, Alexa	Palisades	5-06.00	J5-02.00	4
3 Teel, Olivia	PA Track	4-10.00	4-08.00	0.50
4 Benner, Megan	Palisades	4-10.00	J4-08.00	0.50
5 O'Brien, Kelly	PA Track	4-06.00	4-04.00	
6 Cavallaro, Kaitlyn	Palisades	4-06.00	J4-04.00	
7 Freda, Kristen	PA Track	4-04.00	4-02.00	

**Girls Pole Vault**

Name	Year School	Seed	Finals	Points
1 Evans, Dana	PA Track	8-06.00	7-06.00	5
2 Viall, Haley	Palisades	7-00.00	7-00.00	2
2 Leis, Madison	PA Track	7-06.00	7-00.00	2
3 Lau, Samantha	PA Track	7-00.00	J6-06.00	
4 Hanlon, Kasey	PA Track	7-06.00	6-06.00	
5 Badman, Stacy	Palisades		J6-00.00	
5 Bubba, Sophia	PA Track	6-00.00	J6-00.00	
-- Cavallaro, Kaitlyn	Palisades		DQ	
-- Hoeflich, Angela	Palisades		DQ	

**Girls Long Jump**

Name	Year School	Seed	Finals	Points
1 Ramsden, Mary	Palisades	15-03.00	15-07.00	5
2 Viall, Haley	Palisades	14-02.75	14-02.75	3
3 Killcoyne, Kathleen	Palisades		14-00.00	1
4 Colletti, Rachel	Palisades	12-11.50	13-05.50	
5 Teel, Olivia	PA Track	14-02.50	13-04.50	
6 Badman, Stacy	Palisades	12-09.00	12-03.50	
7 Ruggiero, Maggie	PA Track	12-06.00	11-08.75	
8 Bubba, Sophia	PA Track	11-07.50	11-07.75	
9 Stener, Robin	PA Track	10-02.00	11-05.50	

**Palisades vs Pen Argyl - 4/7/2016****Palisades High School****Results****Girls Triple Jump**

Name	Year School	Seed	Finals	Points
1 Parks, Alexa	Palisades	33-05.00	33-04.75	5
2 Killcoyne, Kathleen	Palisades		31-06.75	3
3 Viall, Haley	Palisades	31-06.00	30-01.50	1
4 Cavallaro, Kaitlyn	Palisades	28-08.00	28-10.00	
5 Mitchell, Elora	Palisades		28-03.00	
6 O'Brien, Kelly	PA Track	27-03.00	27-00.00	
-- Ruggiero, Maggie	PA Track		DQ	
-- Walsh, Meghan	PA Track		DQ	
-- Evans, Dana	PA Track	29-03.00	DQ	

**Girls Shot Put**

Name	Year School	Seed	Finals	Points
1 Carr, Autumn	Palisades	32-01.50	30-08.00	5
2 Kerr, Lauren	Palisades	28-05.00	29-00.50	3
3 Kukowski, Peri	Palisades	27-00.50	28-05.00	1
4 Herrera, Angelique	PA Track	23-06.50	22-10.50	
5 Danko, Emily	Palisades	25-01.00	22-07.00	
6 Calabrese, Miranda	PA Track	19-08.00	22-02.00	
7 Haverland, Raina	PA Track	21-10.50	21-10.50	
7 Irwin, Hannah	PA Track	22-06.00	21-10.50	
9 Nastasi, Alyssa	Palisades	23-04.00	21-04.50	
-- Cesare, Maria	PA Track	18-05.00	DQ	

**Girls Discus Throw**

Name	Year School	Seed	Finals	Points
1 O'Brien, Grace	Palisades	70-03	92-06	5
2 Herrera, Angelique	PA Track	75-02	79-01	3
3 Kukowski, Peri	Palisades	71-04	78-10	1
4 Kerr, Lauren	Palisades	79-02	77-03	
5 Rufe, Taylor	Palisades	67-11	71-10	
6 Brader, Madison	Palisades	75-11	64-08	
7 Irwin, Hannah	PA Track	66-08	62-09	
8 Haverland, Raina	PA Track	33-07.50	43-08	
9 Passinger, Danielle	PA Track		39-09	
10 Calabrese, Miranda	PA Track	55-04	39-03	
-- Cesare, Maria	PA Track	53-02	DQ	

**Girls Javelin Throw**

Name	Year School	Seed	Finals	Points
1 Brader, Madison	Palisades	127-01	103-06	5
2 Cavallaro, Kaitlyn	Palisades	113-06	96-09	3
3 Pason, McKenna	Palisades	78-09	77-11	1
4 Carr, Autumn	Palisades	74-02	77-04	
5 Klein, Abby	Palisades		70-09	
6 Herrera, Angelique	PA Track	70-07	58-04	
7 Hanlon, Kasey	PA Track	56-08	57-10	
8 Calabrese, Miranda	PA Track	56-11	55-07	

**Palisades vs Pen Argyl - 4/7/2016****Palisades High School****Results****....Girls Javelin Throw**

9 Haverland, Raina	PA Track		44-01
10 Irwin, Hannah	PA Track	46-05	36-11
-- Cesare, Maria	PA Track	50-07	DQ

**Boys 100 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
1 Creighton, Michael	Palisades	11.00	11.70	1	5
2 Marfisi, Jonathan	PA Track	11.40	11.80	1	2
2 Colletti, Jared	Palisades	11.66	11.80	1	2
4 Barnhart, Matthew	Palisades		11.90	2	
5 Sterner, Logan	PA Track	12.00	12.20	1	
6 Danko, Jake	Palisades	12.20	12.40	1	
7 Miller, Ethan	Palisades	12.83	12.80	2	
7 Hitchon, Sam	Palisades	12.50	12.80	1	
9 Zito, Phil	PA Track	13.40	13.00	2	
10 Kukla, Max	PA Track	12.70	13.40	1	
-- Gillete, Jake	PA Track	12.50	DQ	1	

**Boys 200 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
1 Creighton, Michael	Palisades	22.93	22.90	1	5
2 Colletti, Jared	Palisades	23.40	23.30	1	3
3 Barnhart, Matthew	Palisades	24.30	23.70	1	1
4 Robisheau, Connor	PA Track	25.40	24.60	1	
5 Hitchon, Sam	Palisades	25.30	25.00	1	
6 Miller, Ethan	Palisades	26.10	25.90	1	
7 Kukla, Max	PA Track	26.50	27.00	2	
8 Beltz, Stephen	PA Track		27.30	2	
-- Mutchler, Jake	PA Track	27.90	DQ	2	
-- Cleary-Kojo, Shomari	PA Track	27.90	DQ	2	
-- Marfisi, Jonathan	PA Track	23.60	DQ	1	

**Boys 400 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
1 Ludwig, Patrick	Palisades	53.86	53.90	1	5
2 Orrechio, Chase	Palisades	54.90	54.40	1	3
3 Gabriel, Jeffrey	PA Track	47.80	56.60	1	0.50
3 Gillete, Jake	PA Track	55.40	56.60	1	0.50
5 Brown, Hunter	Palisades	58.42	57.60	1	
6 Barrett, Grant	Palisades	59.80	58.90	1	
7 Lansberry, Kaleb	Palisades		59.70	2	
-- Buccigrossi, Dylan	Palisades	1:01.05	DQ	2	
-- Lobb, Eric	PA Track	59.90	DQ	1	
-- Beltz, Stephen	PA Track		DQ	2	

**Palisades vs Pen Argyl - 4/7/2016****Palisades High School****Results****Boys 800 Meter Run**

Name	Year School	Seed	Finals	H#	Points
1 Orrechio, Chase	Palisades	2:17.00	2:15.80	1	5
2 Noonan, Terrance	Palisades	2:17.50	2:25.60	1	3
3 Lansberry, Kaleb	Palisades	2:28.32	2:29.00	1	1
4 Webb, David	Palisades	2:42.00	2:33.20	1	
5 Fisher, Matthew	PA Track	2:37.90	2:33.70	1	
6 Corsetti, Michael	PA Track		2:37.50	2	
7 Barrett, Grant	Palisades	2:33.50	2:40.50	1	
8 Cuvo, John	PA Track	2:56.40	2:54.90	1	
-- Gabriel, Jeffrey	PA Track	3:07.10	DQ	1	

**Boys 1600 Meter Run**

Name	Year School	Seed	Finals	Points
1 McNichol, Dylan	Palisades	4:49.47	5:09.00	5
2 Boyd, Zach	Palisades	5:31.00	5:41.00	3
3 Webb, David	Palisades	5:41.00	5:43.00	1
4 Corsetti, Michael	PA Track	5:42.70	6:21.80	
5 Fisher, Matthew	PA Track	6:13.10	6:38.00	
6 Cuvo, John	PA Track		7:22.00	
-- Leister, Jacob	Palisades	5:23.02	DQ	

**Boys 3200 Meter Run**

Name	Year School	Seed	Finals	Points
1 McNichol, Dylan	Palisades	10:53.00	11:20.00	5
2 Derr-Haverlach, Michael	Palisades	12:22.00	12:01.00	3
3 Speicher, Grayson	Palisades	11:55.96	12:06.00	1
-- Corsetti, Michael	PA Track	13:34.80	DQ	
-- Capps, Carter	Palisades	11:06.00	DQ	

**Boys 110 Meter Hurdles**

Name	Year School	Seed	Finals	Points
1 Heisler, Austin	PA Track	16.70	17.10	5
2 Robisheau, Connor	PA Track	20.20	21.30	3
3 Lerch, Benjamin	Palisades	22.40	23.10	1
-- Porter, Jacob	Palisades	18.20	DQ	

**Boys 300 Meter Hurdles**

Name	Year School	Seed	Finals	Points
1 Brown, Will	Palisades	45.30	46.60	5
2 Lobb, Eric	PA Track		49.40	3
3 Buccigrossi, Dylan	Palisades		50.10	1
4 Lerch, Benjamin	Palisades	57.30	51.30	
5 Barr, Tadd	PA Track	56.50	56.00	
-- Mutchler, Jake	PA Track	48.00	DQ	
-- Porter, Jacob	Palisades	50.20	DQ	

**Palisades vs Pen Argyl - 4/7/2016****Palisades High School****Results****Boys 4x100 Meter Relay**

School	Seed	Finals	Points
1 Palisades 'A'	45.30	45.50	5
1) Lodwig, Patrick			
2) Colletti, Jared			
3) Danko, Jake			
4) Creighton, Michael			
2 Pen Argyl Track and Field 'A'		46.10	
1) Heisler, Austin			
2) Sterner, Logan			
3) Robisheau, Connor			
4) Marfisi, Jonathan			

**Boys 4x400 Meter Relay**

School	Seed	Finals	Points
1 Palisades 'A'	3:43.89	3:46.20	5
1) Creighton, Michael			
2) Colletti, Jared			
3) Orrechio, Chase			
4) Lodwig, Patrick			
-- Pen Argyl Track and Field 'A'	4:05.50	DQ	
1) Gabriel, Jeffrey			
2) Gillete, Jake			
3) Lobb, Eric			
4) Mutchler, Jake			

**Boys 4x800 Meter Relay**

School	Seed	Finals	Points
1 Palisades 'A'	9:54.70	10:11.60	5
1) Noonan, Terrance			
2) Brown, Hunter			
3) Lansberry, Kaleb			
4) Buccigrossi, Dylan			
-- Pen Argyl Track and Field 'A'	10:52.90	DQ	
1) Gabriel, Jeffrey			
2) Cuvo, John			
3) Fisher, Matthew			
4) Corsetti, Michael			

**Boys High Jump**

Name	Year School	Seed	Finals	Points
1 Siley, Matthew	Palisades	5-06.00	5-08.00	4
1 Brown, Will	Palisades	6-00.00	5-08.00	4
3 Beltz, Sawyer	PA Track	5-10.00	5-06.00	1
4 Sterner, Logan	PA Track	5-06.00	5-04.00	
-- Roper, Michael	PA Track		DQ	
-- Lobb, Eric	PA Track	5-02.00	DQ	
-- Strouse, Adam	PA Track		DQ	
-- Danko, Jake	Palisades	5-02.00	DQ	
-- Volak, Josh	Palisades		DQ	
-- Cleary-Kojo, Shomari	PA Track		DQ	

**Boys Pole Vault**

Name	Year School	Seed	Finals	Points
1 Farese, Andy	Palisades	9-06.00	9-00.00	5
2 Roper, Michael	PA Track	9-06.00	J9-00.00	3
3 Barr, Tadd	PA Track	9-06.00	J9-00.00	1
-- Frankenfield, Austin	PA Track		DQ	
-- Beltz, Sawyer	PA Track	8-06.00	DQ	

**Palisades vs Pen Argyl - 4/7/2016****Palisades High School****Results****Boys Long Jump**

Name	Year School	Seed	Finals	Points
1 Siley, Matthew	Palisades	19-04.50	20-01.75	5
2 Sterner, Logan	PA Track	19-00.00	19-05.75	3
3 Robisheau, Connor	PA Track	19-03.00	18-11.00	1
4 Strouse, Adam	PA Track	18-01.75	17-08.75	
5 Robinson, Will	Palisades	15-03.75	17-07.25	
6 Gillete, Jake	PA Track	17-00.25	17-07.00	
7 Barnhart, Matthew	Palisades		16-03.00	
8 Marczyk, Victor	Palisades	11-11.50	15-05.00	
9 Firestone, Ben	PA Track	15-00.00	14-10.00	
-- Volak, Josh	Palisades	17-06.00	DQ	
-- Swope, Nick	Palisades		DQ	
-- Cleary-Kojo, Shomari	PA Track	16-09.00	DQ	

**Boys Triple Jump**

Name	Year School	Seed	Finals	Points
1 Siley, Matthew	Palisades	42-02.50	41-02.00	5
2 Strouse, Adam	PA Track	40-02.00	38-06.00	3
3 Gentner, Brian	Palisades		37-06.75	1
4 Swope, Nick	Palisades		35-07.50	
5 Tubiello, Jack	Palisades	35-10.50	34-09.75	
6 Firestone, Ben	PA Track	30-11.00	34-00.25	
7 Trippeda, Brandin	Palisades	33-04.00	32-05.00	
-- Mutchler, Jake	PA Track	29-07.00	DQ	
-- Volak, Josh	Palisades	38-03.75	DQ	
-- Cleary-Kojo, Shomari	PA Track	35-05.00	DQ	

**Boys Shot Put**

Name	Year School	Seed	Finals	Points
1 Barr, Tanner	PA Track	35-00.00	36-05.00	5
2 Donnelly, Jack	Palisades		36-03.50	3
3 Crum, Jesse	Palisades	34-04.00	35-06.00	1
4 Heisler, Austin	PA Track	37-10.00	35-04.50	
5 Somp, David	Palisades	35-00.00	34-09.50	
6 Lerch, Jonathan	Palisades	35-03.00	34-06.50	
7 Britt, Walker	Palisades	33-06.00	33-06.00	
8 Kukla, Max	PA Track	32-05.00	33-04.00	
9 Ceraul, Zach	PA Track		32-07.00	
10 Incalcatera, Vince	PA Track	30-08.00	28-08.00	
-- Davis, Jake	PA Track	26-06.00	DQ	

**Boys Discus Throw**

Name	Year School	Seed	Finals	Points
1 Danko, Jake	Palisades	117-00	119-04	5
2 Barr, Tanner	PA Track	109-00	114-06	3
3 Lerch, Jonathan	Palisades	123-00	104-07	1
4 Donnelly, Jack	Palisades	101-11	94-09	
5 Somp, David	Palisades	95-02	93-04.50	



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6	Incalcaterra, Vince	PA Track	85-08	84-08
7	Gehring, Zack	Palisades		80-10
8	Davis, Jake	PA Track	84-02	78-09.50
9	Zito, Phil	PA Track	73-06	78-05
10	Boyle, Griffin	PA Track	64-04	56-06

**Boys Javelin Throw**

Name	Year School	Seed	Finals	Points
1 Barr, Tanner	PA Track	147-10	150-06	5
2 Swope, Nick	Palisades	137-08	140-01	3
3 Trippeda, Brandin	Palisades	140-11	136-01	1
4 Heisler, Austin	PA Track	120-00	108-08	
5 Somp, David	Palisades	115-00	106-10	
6 Gehring, Zack	Palisades	111-01	106-06	
7 Zito, Phil	PA Track	96-00	91-06	
8 Smith, RJ	Palisades	91-06	84-04	
9 Davis, Jake	PA Track	83-06	74-11	
10 Frankenfield, Austin	PA Track	77-10	72-04	